Regulier trainingsschema seizoen 2022 -2023

	MA								DI								WO								DO								VR							
	18.00 -18.30	18.30 -19.00	19.00 -19.30	19.30 -20.00	20.00 -20.30	20.30 -21.00	21.00 -21.30	21.30 -22.00	17.30 -18.00	18.00 -18.30	18.30 -19.00	19.00 -19.30	19.30 -20.00	20.00 -20.30	20.30 -21.00	21.00 -21.30	21.30 -22.00	17.00 -17.30	17.30 -18.00	18.00 -18.30	18.30 -19.00	19.00 -19.30	19.30 -20.00	20.00 -20.30	20.30 -21.00	21.00 -21.30	21.30 -22.00	17.30 -18.00	18.00 -18.30	18.30 -19.00	19.00 -19.30	19.30 -20.00	20.00 -20.30	20.30 -21.00	21.00 -21.30	21.30 -22.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00	20.00-20.30	20.30-21.00	21.00-21.30	21.30-22.00
Veld 2	JO10-3	JO10-3	JO15-2	JO15-2	JO15-2	JO19-2	JO19-2	JO19-2	Veld 2		JO10-1	JO10-1	MO15-1	MO15-1	MO15-1	VR1	VR1	VR1	Veld 2		JO10-3	JO10-3	JO14-2	JO14-2	JO14-2	JO19-2	JO19-2	JO19-2	Veld 2		JO10-1	JO10-1	JO14-1	JO14-1	JO14-1	N2	N2	N2	Veld 2									
	JO10-4	JO10-4	JO15-3	JO15-3	JO15-3	JO19-3	JO19-3	JO19-3			JO10-2	JO10-2	MO17-1	MO17-1	MO17-1	VR2	VR2	VR2			JO10-4	JO10-4	JO14-3	JO14-3	JO14-3	JO19-3	JO19-3	JO19-3			JO10-2	JO10-2	JO16-1	JO16-1	JO16-1	N3	N3	N3										
	JO10-5	JO10-5									JO11-1	JO11-1									JO10-5	JO10-5									JO11-1	JO11-1				N5	N5	N5										
											JO11-2	JO11-2																			JO11-2	JO11-2														
Veld 4	JO13-2	JO13-2	JO15-4	JO15-4	JO15-4	MO20-1	MO20-1	MO20-1	Veld 4		JO12-1	JO12-1	JO14-1	JO14-1	JO14-1	O23-1	O23-1	O23-1	Veld 4		JO13-2	JO13-2	MO15-2	MO15-2	MO15-2	MO20-1	MO20-1	MO20-1	Veld 4										Veld 4									
	JO12-2	JO12-2	MO15-2	MO15-2	MO15-2	VR3	VR3	VR3		JO15-1	JO15-1	JO15-1	JO16-1	JO16-1	JO16-1	N4	N4	N4			JO12-2	JO12-2	JO15-2	JO15-2	JO15-2	VR3	VR3	VR3		JO13-1	JO13-1	JO13-1				O-23-1 HALF VELD									
	JO12-3	JO12-3																			JO12-3	JO12-3				N6	N6	N6								N4	N4	N4									
																																						N8	N8	N8								
Hoofdveld	JO11-3	JO11-3	JO17-2	JO17-2	JO17-2	O23-2	O23-2	O23-2	Hoofdveld		JO8-1	JO8-1	JO19-1	JO19-1	JO19-1	AS	AS	AS	Hoofdveld	S&S	S&S	JO11-3	JO11-3	JO17-2	JO17-2	JO17-2	O23-2	O23-2	O23-2	Hoofdveld		JO8-1	JO8-1	JO19-1	JO19-1	JO19-1	AS	AS	AS	Hoofdveld									
	JO11-4	JO11-4	JO16-3	JO16-3	JO16-3	O23-3	O23-3	O23-3			JO8-2	JO8-2	JO17-1	JO17-1	JO17-1	AS	AS	AS			JO11-4	JO11-4	JO16-2	JO16-2	JO16-2	O23-3	O23-3	O23-3			JO8-2	JO8-2			AS	AS	AS	AS										
	JO11-5	JO11-5	JO16-2	JO16-2	JO16-2	O23-4	O23-4	O23-4			JO8-3	JO8-3									JO11-5	JO11-5	JO16-3	JO16-3	JO16-3	O23-4	O23-4	O23-4			JO8-3	JO8-3									N6	N6	N6					
	JO11-6	JO11-6									JO8-4	JO8-4									JO11-6	JO11-6									JO8-4	JO8-4									N7	N7	N7					
											JO9-1	JO9-1																			JO9-1	JO9-1														
											JO9-2	JO9-2																			JO9-2	JO9-2														
											JO9-3	JO9-3																			JO9-3	JO9-3														
											JO9-4	JO9-4																			JO9-4	JO9-4														
Veld 6			JO14-2	JO14-2	JO14-2				Veld 6	JO13-1	JO13-1	JO13-1				N3	N3	N3	Veld 6				JO15-3	JO15-3	JO15-3				Veld 6	JO15-1	JO15-1	JO15-1	MO17-1	MO17-1	MO17-1	VR1	VR1	VR1	Veld 6									
			JO14-3	JO14-3	JO14-3											N7	N7	N7					JO15-4	JO15-4	JO15-4								MO15-1	MO15-1	MO15-1	VR2	VR2	VR2									
																N8	N8	N8																													
Keepershoek									Keepershoek							N5	N5		Keepershoek										Keepershoek	k	k	k	k	k	VET A	VET A	VET A	Keepershoek									
																														k	k	k	k	k	VET B	VET B	VET B									

Alternatief trainingsschema seizoen 2022 -2023

	MA								DI								WO								DO								VR							
	18.00 -18.30	18.30 -19.00	19.00 -19.30	19.30 -20.00	20.00 -20.30	20.30 -21.00	21.00 -21.30	21.30 -22.00	17.30 -18.00	18.00 -18.30	18.30 -19.00	19.00 -19.30	19.30 -20.00	20.00 -20.30	20.30 -21.00	21.00 -21.30	21.30 -22.00	17.00 -17.30	17.30 -18.00	18.00 -18.30	18.30 -19.00	19.00 -19.30	19.30 -20.00	20.00 -20.30	20.30 -21.00	21.00 -21.30	21.30 -22.00	17.30 -18.00	18.00 -18.30	18.30 -19.00	19.00 -19.30	19.30 -20.00	20.00 -20.30	20.30 -21.00	21.00 -21.30	21.30 -22.00	18.00-18.30	18.30-19.00	19.00-19.30	19.30-20.00	20.00-20.30	20.30-21.00	21.00-21.30	21.30-22.00
Veld 2	JO10-3	JO10-3	JO15-2	JO15-2	JO15-2	JO19-2	JO19-2	JO19-2	Veld 2		JO10-1	JO10-1	MO15-1	MO15-1	MO15-1	VR1	VR1	VR1	Veld 2		JO10-3	JO10-3	JO14-2	JO14-2	JO14-2	JO19-2	JO19-2	JO19-2	Veld 2		JO10-1	JO10-1	JO14-1	JO14-1	JO14-1	VR1	VR1	VR1	Veld 2									
	JO10-4	JO10-4	JO15-3	JO15-3	JO15-3	JO19-3	JO19-3	JO19-3			JO10-2	JO10-2	MO17-1	MO17-1	MO17-1	VR2	VR2	VR2			JO10-4	JO10-4	JO14-3	JO14-3	JO14-3	JO19-3	JO19-3	JO19-3			JO10-2	JO10-2	JO16-1	JO16-1	JO16-1	VR2	VR2	VR2										
	JO10-5	JO10-5	JO15-4	JO15-4	JO15-4						JO11-1	JO11-1									JO10-5	JO10-5	JO15-4	JO15-4	JO15-4						JO11-1	JO11-1														
											JO11-2	JO11-2																			JO11-2	JO11-2														
																															JO11-3	JO11-3														
Veld 4	JO13-2	JO13-2	MO15-2	MO15-2	MO15-2	MO20-1	MO20-1	MO20-1	Veld 4		JO12-1	JO12-1	JO14-1	JO14-1	JO14-1	N4	N4	N4	Veld 4		JO13-2	JO13-2	MO15-2	MO15-2	MO15-2	MO20-1	MO20-1	MO20-1	Veld 4		JO12-1	JO12-1	MO15-1	MO15-1	N2	N2	VET A	VET A	Veld 4									
	JO12-2	JO12-2	JO14-2	JO14-2	JO14-2	VR3	VR3	VR3		JO15-1	JO15-1	JO15-1	JO16-1	JO16-1	JO16-1	N7	N7	N7			JO12-2	JO12-2	JO15-2	JO15-2	JO15-2	VR3	VR3	VR3		JO15-1	JO15-1	JO15-1	MO17-1	MO17-1	N3	N3	VET B	VET B										
	JO12-3	JO12-3	JO14-3	JO14-3	JO14-3					JO13-1	JO13-1	JO13-1				N8	N8	N8			JO12-3	JO12-3	JO15-3	JO15-3	JO15-3	N6	N6	N6		JO13-1	JO13-1	JO13-1			N4	N4	N8	N8										
																N5	N5																		N5	N5										
																N3	N3	N3																													
Hoofdveld	JO11-3	JO11-3	JO17-2	JO17-2	JO17-2	O23-2	O23-2	O23-2	Hoofdveld		JO8-1	JO8-1	JO19-1	JO19-1	JO19-1	AS	AS	AS	Hoofdveld	S&S	S&S	JO11-4	JO11-4	JO17-2	JO17-2	JO17-2	O23-2	O23-2	O23-2	Hoofdveld		JO8-1	JO8-1	JO17-1	JO17-1	JO17-1	AS	AS	AS	Hoofdveld									
	JO11-4	JO11-4	JO16-2	JO16-2	JO16-2	O23-3	O23-3	O23-3			JO8-2	JO8-2	JO17-1	JO17-1	JO17-1	AS	AS	AS			JO11-5	JO11-5	JO16-2	JO16-2	JO16-2	O23-3	O23-3	O23-3			JO8-2	JO8-2	JO19-1	JO19-1	JO19-1	AS	AS	AS										
	JO11-5	JO11-5	JO16-3	JO16-3	JO16-3	O23-4	O23-4	O23-4			JO8-3	JO8-3				O23-1	O23-1	O23-1			JO11-6	JO11-6	JO16-3	JO16-3	JO16-3	O23-4	O23-4	O23-4			JO8-3	JO8-3				O23-1	O23-1	O23-1			N6	N6	N6					
	JO11-6	JO11-6									JO8-4	JO8-4																			JO8-4	JO8-4									N7	N7	N7					
											JO9-1	JO9-1																			JO9-1	JO9-1														
											JO9-2	JO9-2																			JO9-2	JO9-2														
											JO9-3	JO9-3																			JO9-3	JO9-3														
											JO9-4	JO9-4																			JO9-4	JO9-4														